

Come Join Us



The 2018 summer season marks the 26th season of club activities with over 900 athletes having participated over the years. We have a history of excellence with many of our athletes medaling at national championships including seven national champions. Many of our athletes have also won numerous state championships.

The youth program of our club is designed for those 7-18 years of age. We have a regional approach to membership and have no specific ties to individual schools. We actively encourage athletes in Northeast Tennessee and Southwest Virginia to join our program. Promotion of track & field in a fun and positive manner is the emphasis of the club. We believe that the instructional process is as important as the competitive part.

We offer coaching in all track & field disciplines and do not limit our athletes to certain events. We are the premier program in the region and encourage you to join our program.

PRACTICES

Practices will be held at the Daniel Boone High School track every Tuesday and Thursday at 6:30 pm. Practice is generally finished by 8:30. Practices will start on Tuesday, May 29, 2018. We will also be having practices in Greeneville on Mondays at 6:30 pm. There may be other practices at other locations and dates depending on interest and training needs.

Practices are not mandatory since we realize that families have vacations and other obligations. However, you will only get better by regular attendance at practice.

SCHEDULE

You do not have to compete in all the meets listed. This is a listing of available meets. You must compete in a AAU District Qualifier to qualify for the Regional Qualifier and you must compete in the AAU Regional Qualifier to have a chance at the AAU Junior Olympic Games.

June 15-17, 2018

New Balance Nationals

NC A&T, Greensboro, NC

Primarily an elite high school age event

Extra fees apply. Contact club director if interested.

June 24, 2018

AAU Southeastern District Qualifier

Webb School, Knoxville, TN

Top 16 in each event qualify for AAU Regional

June 27-30, 2018

AAU Area 6 Regional Qualifier

Multi Events June 27-28 Regular Events June 29-30

(The following qualify for AAU Junior Olympic Games:

Top 6 in running, Top 6 in field, Top 4 in Multis

July 8-14, 2018

AAU Club Championships

Disney's Wide World of Sports

Orlando, FL

July 28-August 4, 2018

AAU Junior Olympic Games

Drake Stadium

Des Moines, IA

Multis July 28-29

Track & Field July 30-August 4

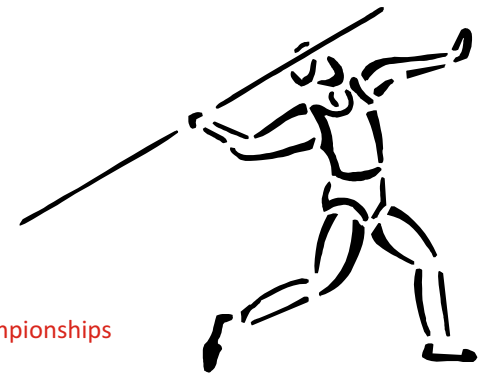
CROSS-COUNTRY PREVIEW

December 1, 2018

AAU Cross-Country National Championships

Knoxville, TN

There are other meets available. Ask Brian Buckner if interested.



EVENTS

The following events are offered.

100, 200, 400, 800, 1500 - All Divisions
3000 - 11 & older
80 Hurdles - 11 & 12
100 Hurdles - 13, 14, 15-16 girls, 17-18 girls
110 Hurdles - 15-16 boys, 17-18 noys
200 Hurdles - 13, 14
400 Hurdles - 15-18
2000 Steeplechase - 15-18
Relays- 4x100, 4x400, 4x800 (Various age groupings)
Shot Put - All Divisions
Discus- 11-18
Turbo-Jav - 8 & under, 9, 10, 11, 12
Javelin - 13 & older
Long Jump - All Divisions
Triple Jump - 13 & older
High Jump - 9 & older
Pole Vault - 13 & older

Multi Events
Triathlon - 9 & 10
Pentathlon - 11, 12, 13, 14
Heptathlon - 15-16 girls, 17-18 girls
Decathlon - 15-16 boys, 17-18 boys



AGE GROUPS

DIVISION	BORN
(8 & Under)	2010 & after
(9)	2009
(10)	2008
(11)	2007
(12)	2006
(13)	2005
(14)	2004
(15-16)	2002-2003
(17-18)	2000-2001*

*Athletes born in 1996 who are still 18 through the last day of the AAU Junior Olympic Games are also eligible.

FEES

The club fee for the summer program will be \$125 per athlete. A second child in family is \$100 with a maximum of \$400 per family. This fee includes the following:

- AAU Membership
- Entry fee for AAU District Qualifier
- Entry fee for AAU Regional Qualifier
- Coaching & Planning
- Club Equipment

Entry fees for national or other meets are extra if you decide to compete and will be collected prior to entry deadline.

Travel expenses are not included in the club fee. If you are needing transportation to meets you should contact the club director early.

UNIFORMS

Uniforms are not included in the club fee. The jersey cost is \$20. Athletes provide their own shorts and should be solid black.

To insure that we can get uniforms in prior to meets they must be ordered by June 8, 2018.

2018

BAD WEATHER POLICY

Since we have a limited number of practices it is important that we conduct practice if at all possible. In the case of bad weather, parents and athletes should make a decision based on the situation near their home. Our membership is spread over a wide area so weather will be different for some. If you are unsure call Brian Buckner for the final call.