

25th Anniversary



The 2017 summer season marks the 25th anniversary year of club activities with over 900 athletes having participated over the years. We have a history of excellence with many of our athletes medaling at national championships including seven national champions. Many of our athletes have also won numerous state championships.

The youth program of our club is designed for those 7-18 years of age. We have a regional approach to membership and have no specific ties to individual schools. We actively encourage athletes in Northeast Tennessee and Southwest Virginia to join our program. Promotion of track & field in a fun and positive manner is the emphasis of the club. We believe that the instructional process is as important as the competitive part.

We offer coaching in all track & field disciplines and do not limit our athletes to certain events. We are the premier program in the region and encourage you to join our program.

PRACTICES

Practices will be held at the Daniel Boone High School track every Tuesday and Thursday at 6:30 pm. Practice is generally finished by 8:30. Practices will start on Tuesday, May 23, 2017. There may be other practices at other locations and dates depending on interest and training needs.

Practices are not mandatory since we realize that families have vacations and other obligations. However, you will only get better by regular attendance at practice.

SCHEDULE

You do not have to compete in all the meets listed. This is a listing of available meets. You must compete in a AAU District Qualifier to qualify for the Regional Qualifier and you must compete in the AAU Regional Qualifier to have a chance at the AAU Junior Olympic Games.

June 10, 2017
AAU Southeastern District Qualifier
Nolensville HS, Nolensville, TN (near Murfreesboro)
Top 16 in each event qualify for AAU Regional

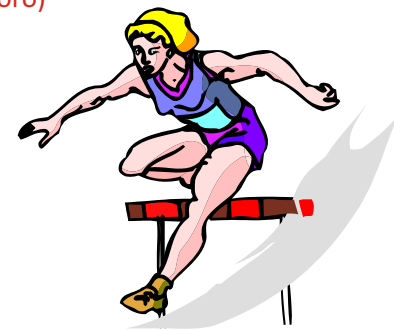
June 24, 2017
AAU Southeastern District Qualifier
Kirby HS, Memphis, TN
Top 16 in each event qualify for AAU Regional

June 25, 2017
AAU Southeastern District Qualifier
Hardin Valley Academy, Knoxville, TN
Top 16 in each event qualify for AAU Regional

AAU Region 6 National Qualifier
Multi Events June 28-29 Regular Events June 30-July 1
(The following qualify for AAU Junior Olympic Games:
Top 6 in running, Top 5 in field, Top 4 in Multis

July 28-August 5, 2017
AAU Junior Olympic Games
Eastern Michigan University
Ypsilanti, MI
Multis July 29-30
Track & Field July 31-August 5

There are other meets available. Ask Brian Buckner if interested.



EVENTS

The following events are offered.

- 100, 200, 400, 800, 1500 - All Divisions
- 3000 - 11 & older
- 80 Hurdles - 11 & 12
- 100 Hurdles - 13, 14, 15-16 girls, 17-18 girls
- 110 Hurdles - 15-16 boys, 17-18 noys
- 200 Hurdles - 13, 14
- 400 Hurdles - 15-18
- 2000 Steeplechase - 15-18
- Relays- 4x100, 4x400, 4x800 (Various age groupings)
- Shot Put - All Divisions
- Discus- 11-18
- Turbo-Jav - 8 & under, 9, 10, 11, 12
- Javelin - 13 & older
- Long Jump - All Divisions
- Triple Jump - 13 & older
- High Jump - 9 & older
- Pole Vault - 13 & older

- Multi Events
- Triathlon - 9 & 10
- Pentathlon - 11, 12, 13, 14
- Heptathlon - 15-16 girls, 17-18 girls
- Decathlon - 15-16 boys, 17-18 boys



AGE GROUPS

DIVISION	BORN
(8 & Under)	2009 & after
(9)	2008
(10)	2007
(11)	2006
(12)	2005
(13)	2004
(14)	2003
(15-16)	2001-2002
(17-18)	1999-2000*

*Athletes born in 1998 who are still 18 through the last day of the AAU Junior Olympic Games are also eligible.

FEES

The club fee for the summer program will be \$185 per athlete. A second child in family is \$125 with a maximum of \$400 per family.

This fee includes the following:

- AAU Membership
- Entry fee for AAU District Qualifier
- Entry fee for AAU Regional Qualifier
- Coaching & Planning
- Club Equipment

Entry fees for national or other meets are extra if you decide to compete and will be collected prior to entry deadline.

Travel expenses are not included in the club fee. If you are needing transportation to meets you should contact the club director early.

UNIFORMS

Uniforms are not included in the club fee. The jersey cost is \$20. Athletes provide their own shorts and should be solid black.

To insure that we can get uniforms in prior to meets they must be ordered by June 6, 2017.

2017

BAD WEATHER POLICY

Since we have a limited number of practices it is important that we conduct practice if at all possible. In the case of bad weather, parents and athletes should make a decision based on the situation near their home. Our membership is spread over a wide area so weather will be different for some. If you are unsure call Brian Buckner for the final call.