

**Beynon Sports Surfaces Catamount Classic
Track and Field Invitational
@ Western Carolina University
Saturday March 24, 2012**

Meet Information

General Info – The meet will be an invitational meet open to colleges and universities, along with approved un-attached athletes. The meet will provide an excellent opportunity for all athletes to achieve outstanding performances. The meet format will be one of having the Saturday portion of the meet in a 4 ½ - 5 hour window. In all of the Saturday Track events we will only run the number of heats that fit into the time schedule (Purple Section). Any heats needed beyond this would be run in a Friday Evening (Gold Section) to allow us to maintain the set time schedule. Also, if we do add a Friday evening schedule, the Field Events would be split with some taking place on Friday and the remainder on Saturday. Our main intention is to get everything in on the Saturday schedule, but we don't want to turn teams and athletes away from an opportunity to compete.

Facility: The Western Carolina University facility is an 8-lane, 400 meter Beynon 1000 System. There are two PV/LJ/TJ runways with pits on either end. The facility also includes a 66' X 108' HJ apron, two Javelin runways, one shot put and discus area located inside the track and one hammer/discus area located directly beside the track. The facility has seating for approx. 1500 spectators.

Entries: Entries will be available online at www.directathletics.com or www.slipstreamtiming.com Entries are due on Tuesday March 20, 2012 by 8:00pm. No entries will be accepted after this date. Coaches, please be honest and accurate with your entries so that all athletes will be able to compete to their best ability. Each school is allowed up to 6 entries in each individual event and 3 relays. Unattached entries must be emailed to dwilliams@email.wcu.edu no later than 6:00pm on Tuesday March 20, 2012.

Entry Fees: An entry fee of \$25.00 per athlete or \$225.00 per team. A team is 10 or more. Unattached athletes cost is \$25.00. **The fee is an entry fee, not a competition fee: Fees are based on the number of entries, not the number that actually competes.** Fee can be paid at packet pick-up. Make all checks payable to **Western Carolina University Track and Field. Cash will be accepted.**

Scratches or corrections (no additions): emailed to brian@slipstreamtiming.com by Thursday March 22, 2012 by 11:00am. Please be diligent in reporting scratches to avoid empty lanes or small field event flights.

Packet Pick Up: Will be at the building at the finish line end of the Track on Friday afternoon beginning at 2:00pm and on Saturday at 8:30am.

Athlete Check-In: All running events will check in at the purple tent located outside of the Track at the High Jump end 30 min. prior to the start of their event, and then re-check-in at the start line of their event 5 min. prior to the start of the event. Field events will check in at the site of the event 30 min. prior to the start of the event.

Running Events: All running events will be sections vs. time, with the fastest sections running first.

Field Events: In the shot put, Hammer, Discus, Javelin, Long Jump and Triple Jump everyone will receive 3 attempts with the top nine advancing to the final and receiving 3 more attempts. Flights will be seeded, with the best flight going last. All marks will be measured.

Field Event Starting Heights: Will be determined after the close of entries.

Implement Weigh-In: Located in the building at the finish line end of Track (far left door). All Implements will be weighed in at one time. Hammers will be able to be carried to the hammer circle by athletes, but will be re-checked before competition begins. All other implements will be taken to the event area by the officials.

Sports Medicine: Athletic Trainers will be available, please bring any supplies necessary. Visiting athletic trainers will have access to the training area. Contact Melanie Delpias (WCU Sports Medicine) with any concerns @ 828-227-2043 prior to meet.

Warm-Up Area: Soccer Field located off the track beyond the High Jump Apron. Hurdlers will be able to warm up on the hurdles using only the 4 outside lanes.

Timing & Results: Brian Buckner – Slipstream Timing and Event Management & Bryan Powell – Western Carolina University Media Relations.

Announcer: Frank Aycock

****NO ATHLETES WILL BE ALLOWED ON THE INFIELD AT ANY TIME DURING THE MEET. COACHES WILL HAVE FREE ACCESS TO THE FACILITY AS LONG AS THIS IS NOT ABUSED.**

Contact Information concerning the Meet:

Danny Williamson – Head Coach (828) 227-2026 dwilliams@email.wcu.edu
Cale McDaniel or Matt Harlfinger – Asst. Coaches (828) 227-2027

****Heat/Flight Sheets and Final Time Schedule will be posted at www.catamountsports on the Track and Field page on Thursday March 22, 2012 by 9:00pm.**